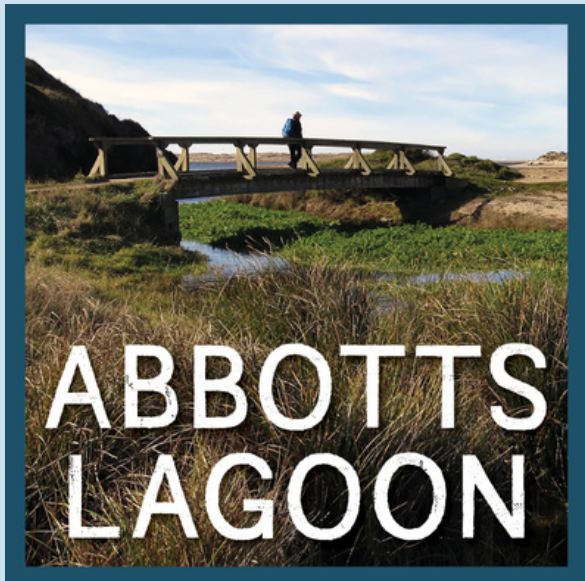


# LET'S HIKE!

*Saturday, October 8*

## COASTAL DUNES AT ABBOTTS LAGOON

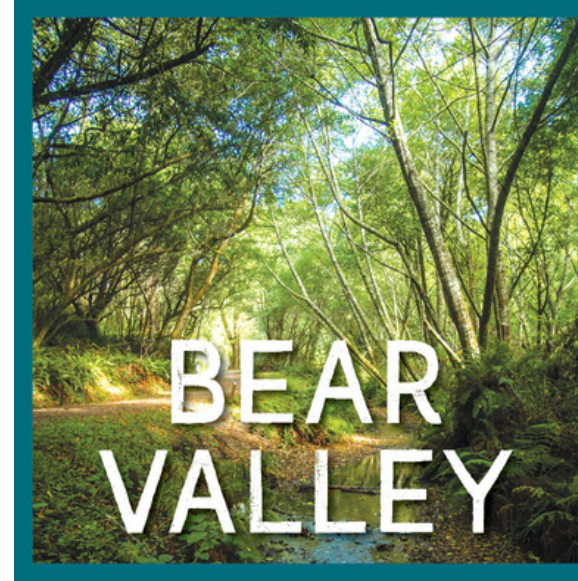


Learn about Abbotts Lagoon's diverse plant communities on this 3-mile hike. Specific focus on resiliency, restoration, and endangered dune species.

Leads: Lorraine Parsons & Biret Adden

Difficulty Level: Moderate

## A WALK DOWN HISTORY LANE: Point Reyes 60th Anniversary Hike



Celebrate the Seashore's 60th anniversary with a classic hike on Bear Valley Trail! Learn about the park's history on this 2- to 3-mile hike.

Leads: Dewey Livingston & Christine Beekman

Difficulty Level: Easy

## POINT REYES ADAPTS: Our Park and a Changing Climate

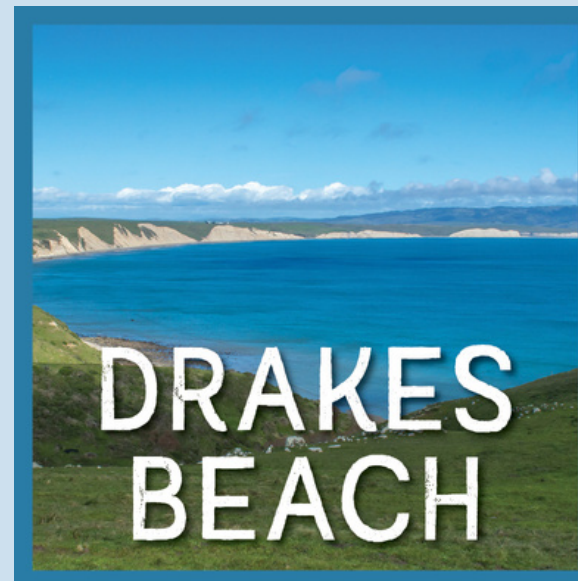


Discuss the effects of climate change on the Seashore, and the National Park Service's mitigation strategies on this short, 2-mile.

Leads: Ben Becker & Paul Fine

Difficulty Level: Easy

## ON THE EDGE: Geology at Point Reyes National Seashore

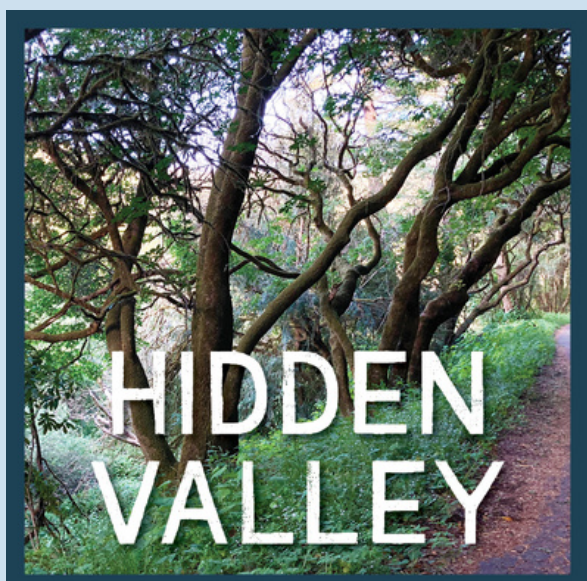


Explore the natural history and geology of Point Reyes on this 1- to 2-mile coastal walk along the scenic sea cliffs of Drakes Beach.

Leads: John Karachewski

Difficulty Level: Easy

## HISTORY AND CULTURE OF THE COAST MIWOK IN POINT REYES



Discover the history and culture of the Coast Miwok people on this guided talk and walk at the Clem Miller Environmental Education Center.

Leads: Matthew Johnson and Robin Meely

Difficulty Level: Easy

## PADDLING THROUGH POINT REYES NATIONAL SEASHORE



Immerse yourself in the natural beauty and wonder of Point Reyes National Seashore on this 3-hour kayak adventure of the Giacomini Wetlands!

Leads: TBD

Difficulty Level: Moderate

## OUT OF THE ASHES: Regeneration and Sounds at Sky

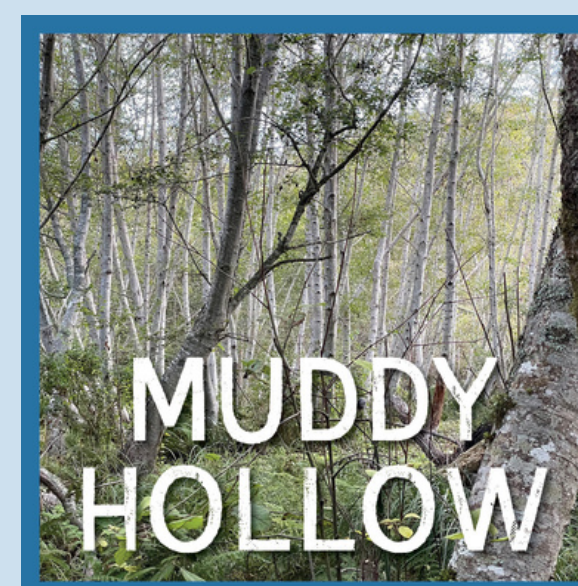


Two years after the 2020 Point Reyes Woodward Fire, join us in exploring the sights and sounds of Sky Trail on this 2.5-mile hike.

Leads: Mark Lipman & David Wimpfheimer

Difficulty Level: Moderate

## HIDING IN PLAIN SIGHT: Plant and Animal Connections



Discover key species and the mutualistic relationships that help the unique Muddy Hollow ecosystem flourish on this 2- to 3-mile hike.

Leads: Wendy Dreskin

Difficulty Level: Easy